

## Quality Improvement Project Instructions and CME and MOC Credit

Participation in the 6-month *Conversations on Medical Overuse: A Podcast Series for Clinicians* improvement project offers Park Nicollet or HealthPartners employed or contracted physicians or physician assistants the opportunity to earn both PI CME credit and MOC Part IV points. Completion of this project is approved for:

### CME

HealthPartners Office of Continuing Medical Education designates this PI CME activity for a maximum of 20.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is designed to meet the Minnesota Board of Nursing's requirements. It is the responsibility of each nurse to determine if the program meets the criteria for licensure or recertification in their discipline.

### MOC Part IV

The HealthPartners Portfolio Program offers MOC points/credit for [18 Medical Boards](#) and Category 1 PI-CME credit for NCCPA. The credits Boards award vary. Visit your board's website for information on your MOC requirements and to ensure they participate in the Portfolio Program. Note: ABIM board certified physicians who complete this approved project will be awarded 30 Practice Assessment MOC points.

To receive credit, your self-directed project must meet the following requirements:

- Span at least 6 months
- Include 2 improvement cycles in which you integrate improvements into your process
- Include 3 data points using NRC connect composite provider communication score i.e., baseline data at the beginning of the improvement project and after the 2 improvement cycles

### CME Disclosure, Activity Instructions, and Next Steps

#### Objectives:

Following this learning activity, participants will:

- Demonstrate increased confidence when engaging in collaborative conversations with patients who are seeking/expecting diagnostic tests and/or treatment that is not aligned with the clinician's recommendation.
- Formulate new communication strategies to adopt into practice
- Report a reduction in the ordering of unnecessary tests and treatment over a 6-month period

#### Faculty:

##### **Bill Doherty, PhD**

Professor and Director, Marriage and Family Therapy  
Department of Family Social Science  
College of Education and Human Development  
Adjunct Professor, Family Medicine and Community Health  
University of Minnesota

##### **Cate McKegney, MD, MS**

Primary care physician practicing in Edina, Minnesota



**Planning Committee:**

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Due to the nature of the content being planned, there are no relevant financial relationships or conflicts to identify or resolve. The content of this CME activity is not related to the products or services of commercial interest.

**Accreditation:**

HealthPartners is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Steps:

Phases	Steps to complete the 6-month Conversations on Medical Overuse Improvement Project
<p><b>Set-up</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Review the CME Disclosure above prior to starting this activity</li> <li><input type="checkbox"/> Save the <a href="#">Action Plan Worksheet</a> to your computer for your use throughout the 6-month Improvement effort to track your progress as you adopt new strategies to navigate through overuse conversations. <i>To claim credit, you will need to send your completed worksheet to <a href="mailto:PortfolioProgram@HealthPartners.com">PortfolioProgram@HealthPartners.com</a></i></li> <li><input type="checkbox"/> Review the printable podcast <a href="#">Listening Guide</a>, literature and resources.</li> <li><input type="checkbox"/> Listen to the Podcast Series, review related references and patient education.</li> </ul> <p>You can access the Podcast series in 2 ways:</p> <ol style="list-style-type: none"> <li><b>1. via phone:</b> Download via Apple Podcast, Google Podcast or where ever you get your podcasts. Search under <i>Medical Overuse</i>.</li> <li><b>2. via computer:</b> Click on this link to listen on your computer. <a href="#">Conversations on Overuse podcast</a> <i>Note: To download to a computer, use Google Chrome</i></li> </ol>
<p><b>Implementation (6 months)</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Reflect on your current practice and record your baseline data on your Action Plan Worksheet.</li> <li><input type="checkbox"/> Identify the conversation type(s) you would like to focus on improving. Select 1-2 improvement strategies to implement.</li> <li><input type="checkbox"/> Implement strategies you identified. Record your observations and findings on your Worksheet.</li> <li><input type="checkbox"/> Select and Implement additional strategies.</li> <li><input type="checkbox"/> Reassess - after making changes.</li> <li><input type="checkbox"/> Record final observations and data.</li> </ul>
<p><b>Completion</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Click on this link to complete the Evaluation, Reflection, and Attestation via <a href="#">SurveyMonkey</a></li> <li><input type="checkbox"/> Send your completed Action Plan Worksheet to <a href="mailto:PortfolioProgram@HealthPartners.com">PortfolioProgram@HealthPartners.com</a></li> </ul>
<p><b>Reporting &amp; Credit</b></p>	<p>MOC: HealthPartners Portfolio Program will submit your information to your identified Board(s) or The National Commission on Certification of Physician Assistants (NCCPA). It can take 4-6 weeks for your credit to appear on your transcript. Check with your Board if you have any concerns.</p> <p>CME: A credit certificate will be emailed to you within 4 weeks upon receipt of your evaluation.</p>

For more information or questions contact: Ann Tarnowski, MOC Program Manager @ [PortfolioProgram@HealthPartners.com](mailto:PortfolioProgram@HealthPartners.com)